

Annual Case Report 2017 Triple B Care Projects, Inc. (Burns Bingot, Bulate)

January:

- HOPE Fdn International medical mission, we visited 3 of the 5 sites with our burns prevention expo
- Rotary Freeport Subic Bay Medical Mission (Burns prevention and wounds care)
- Taylah and Fiona RN's volunteer visit from Brisbane and Sydney respectively, 3 weeks and 1 week
- Integritas Prison Med missions at 164 Baretto, Med students, Jr Doctors visit clinic

February:

- Helping Children Smile Urdanetta- last there in 1998 Hosp Upgrade, beautiful!! Took 6 children for cleft lip and palate surgery
- February 8th: Burns Management Training at Medial City Pasig, Stoma and Advanced Woundcare Dept,

March : Team Ohio – Interact from RC Hilliard, led by an awesome Pam Worth.

May:

- ANZ Interplast Benget Gen 19 cases from Zambales screened, 16 had surgery, mostly burns reconstructive surgery. 1 very special 3yr old girl (Silvery) had cleft surgery.
- Dental Mission at Nagbayan with Dr Myles Lear(Sydney) and the Lotus Hilfspromme EV team from Germany, May 18th, 94 cases ++ + extractions! Dr Myles attended patients in Triple B clinic in May (6)and Nov(4)

June:

- Pam Worth Ohio returned for more!! 3 weeks as a volunteer and a commitment to return for longer in 2018. A life changing decision was made by Pam, an English Teacher at a High School for many years, in that she is undertaking an intense Medical Assistants course in Ohio, with her OJT placement in the OHIO burns Unit, to better equip her for volunteer services with Triple B. Awesome!!
- Integritas Prison Med missions at 164 Baretto, Med students, Jr Doctors visit clinic
- Sally Beastall, an OT from UK joined us for a 6 month placement to teach mainly hand exercises to patients with burns and to teach us 'how to' also! Sally had been with us briefly in 2012 when she was a 3rd yr student. Welcome Back!!

October 6th : Burns Management Trianing At Ospital Ning Angeles, Community Physician Training Program

November:

- Rotary Freeport Subic Bay Medical Mission (Burns prevention and wounds care)
- Kadasig Aid and Development RN's Virginia and Joan volunteer in Triple B clinic, meanwhile the rest of the team cut and pasted(real life not computer) and laminated educational items for the Cebu visit!
- Cebu with Kadasig Aid and Development – BPTE – 5 seminars and visited a little girl with severe neck contractures following poor /inappropriate treatment. Her referral actually came from Australia and we hope and pray to get her to Australis to Children First Foundation for the much needed reconstructive surgery. Our beautiful friends at Kadasig Aid and Development have been (and still are!!) in assisting with many needs for this little girl, including a sponsorship programme for schooling.

De worming (Bulate)

- Little Voices School each June and December >120 children each schedule
- Macupit 65+ each visit, 3 visits in 2017 plus 170 further deworming in the clinic(mostly children but also adults)
- Grisly fact: biggest output of worms in one evacuation after the medicine was 86 !! In a 3 yr old boy!! Now doing well and growing strong !! Youngest patient dewormed was 8mths with 3 worms passed and the oldest was 54yrs passing 4 pieces! Better out than in as Shrek would say!!
- Youngest patient in clinic in 2017, 6wks , Oldest 95yrs,
- 3 deaths, 2 linked with burns injuries, very late presentation 1 not a burn, a rare auto immune reaction with anaphylaxis, all under 3yrs, 2 under 18mths.
- 93 burns, none minor. Mostly scalds in the under 5yrs old, with some older children and adults sustaining big scalds also. LPG explosions(mostly due to faulty/worn hoses, or opening the lpg for too long before lighting/using gasoline or kerosene to light a rubbish burning fire. An exploding CFC can on open fires featured for one adult male.

- Our biggest challenge was in June when 5 adult males were all severely injured in a fire at a gasoline station in our capitol City, Iba. Next challenge was in December we had 8 major burns in the 4 weeks before Christmas, 5 of whom were adults with face, neck, arms. Torso and leg burns. All separate incidents not in any way connected.
- Evelyn and Val undertook 553 dressings during the year.

Other wounds totalled 43, ('other wounds' are anything that is NOT a burn) mostly infected lacerations/insect bites, carbuncles, infected boils aka PIGSA, 'diabetic foot wounds' and our youngest baby at just 6 weeks with an undiagnosed potential auto immune disorder resulting in loss of skin over his whole body, present from just 2 weeks old. We managed to get his skin looking beautiful again, moisturised and smooth, but sadly he succumbed to his condition at just 9 weeks old. RIP CJ.

Our limb salvage in 2017 - 2 hands saved; 11yr old boy who sustained a severe electrical burn. Scheduled for bilateral amputation at the wrist. We were able to assess him with Dr Rachael Pickering of Integritas; enable discharge from hospital; take care of him and now he has 2 fingers and thumb on right hand and 1 finger and thumb on left. Can still play basketball. Our jr Dr, Dra Eleanor Campbell from Integritas Healthcare UK took great interest in his care and has been accepted to present his case at the Unesco 2018 conference; to be held in Jerusalem.

We saved the foot of a PE teacher, with long term wounds, slow to heal from poorly controlled diabetes. Now has great control (he controls his diabetes rather it controlling him!!) and he still has his right foot which was scheduled for amputation!!

3 car events, major expenses there. But we are alive and safe. We will have to get a driver for night drives after dressings at the Provincial Hospital, a tiring 2hrs drive away, no road lights, lots of roadworks.

Cleft lip and Palate 2017(Bingot):

Evelyn and I have assessed/examined 34 children born with cleft lip and/or palate. Each child has between 1 and four visits pre-op depending on nutritional status. In all we conducted 97 clinic appointments, each being a minimum of 30 mins, and a max of 2 hrs. Surgical procedures totalled 36, being 16 lip repairs and 20 palate repairs. 16 children had both surgeries either simultaneously or on 2 separate surgical occasions. This year we had the benefit of three teams for surgeries. In February we travelled to Pangasinan to meet with Helping Children Smile inc, an Australian team close to Val's heart as she was a founding member of the organisation in 1994! In May we had the pleasure of the ANZ Interplast team, who also cater for much need burns reconstructive surgery as well as cleft lip and palate. One of the children for palate repair was a 3 year old girl whom Val had met when just 2 weeks old and who was gratefully accepted in Helping Hands CRU for nutritional and survival needs. Earlier in the year, the child had spent 3 weeks in a hospital in Manila, where her little life was greatly endangered when inexperienced residents attempted anaesthesia with disastrous results resulting in mechanical ventilation in PICU and still no surgery. The ANZ Interplast surgeons and anaesthetists are all experienced Consultants with many years of experience, especially for 'difficult' pediatric intubations. So another miracle was witnessed for the little girl with her palate surgery completed.

We have the benefit of the KDF Pampanga/Operation Smile at various times of year, so children can be screened and selected for surgery each month if needed. For the children with other difficulties, i.e not straightforward clefts(e.g mid face clefts, macrostomia, microstomia etc) we continue to use the services of the Nordhoff Cranio Facial Fdn in Manila

We have one child currently for ongoing nutritional care, who weighed in at just 3.5kg at 18mths old. The little boy is a cerebral palsy child with a bilateral cleft lip and palate. We will monitor him closely, seeing him every 2 weeks, to ensure he thrives before sending him to Nordhoff Craniofacial for assessment. Latest news he has surpassed 5kg and will have an appointment early January 2018!!

At the risk of missing someone important, better to say Triple B Care Projects has been privileged to partner with several organisations and individuals both here in Philippines and in Australia, UK, Germany and the USA. We are delighted to have received supplies and funding to buy/receive supplies from several wonderful groups and generous individuals. We thank you all for the immense effort that we know it takes to get things to us, and for raising the funds. It is most truly appreciated by Evelyn and I and those who receive our care in the clinic. One big fly in the ointment this year is that WHO has advised against the use of recently expired

medicines/foodstuffs following a fatality in a medically under-resourced African country, purported to be due to the recently expired medicines but not unanimously proven. So whilst we can accept (with much gratitude) bandages, primary and secondary dressings, that are low expiry and recently expired, new and used compression garments etc., we can no longer accept expired medicines, foodstuffs and items that are 'invasive'. Email /PM Val if you need more info. Very sad indeed.

Overall 2017 was a pretty eventful year. We have been blessed to work with old friends and partner organisations from near and far. We have met new friends, volunteers and new sponsors from near and far. We have been blessed with supplies and funds from near and far. We have assisted the poor and less fortunate from near and far. We have completed our 55sq metre with mezzanine floor storeroom in preparation for our new clinic to be started with funds from near and far.

And by the Grace of God we are in one piece, safe and ready to tackle any challenges that 2018 will surely bring. We welcome volunteers, RNs, Med students, Jr Doctors, Allied health personnel from near and far!!
End of report for 2017

We have charitable status and thus tax benefits with Rotary Australia World Community Service Rotary Australia World Community Service (RAWCS)- Australian residents only

For tax deductible donations in Australia via RAWCS

Log on to <https://donations.rawcs.com.au/Default.aspx?ProjectID=788&ReturnTo=4>

Project number: 852013-14 Triple B Care Projects Inc. Zambales, Philippines

The project will appear when you search for projects listed in "Philippines" PRID Kenneth Collins is recorded as the Project Manager. Contact: PRID Kenneth Collins (H) 08 9385 0471 (M) 0414 361 612

collinsk@bigpond.net.au Tax deductibility is granted through our "Rotary Australia Overseas Aid Fund" – ABN 21 388 376 554

In the USA through Rotary Club Hilliard

Thanks to the Rotary Club of Hilliard, Triple B Care Projects is now a tax deduction for US citizens through the Rotary organization. Thank you very much to all the Hilliard Rotarians who have made this possible!

Please go to <https://portal.clubrunner.ca/4807>

Once on the website, find "stories" and then choose "Click here to Donate" under Triple B Care.

We are so thrilled with this wonderful opportunity for donations. Thank you friends and family for your continued support of all we are doing here in the Philippines.

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